

## Capacity-Building Workshops for Parents, Educators, & Service Providers

We offer capacity-building workshops on a variety of topics for people who care for and/or work with youth in order to build knowledge and skills to effect change on personal and community levels. Our workshops are sex-positive, 2SLGBTQ-positive, non-judgmental, interactive, and free!

**ACCKWA 101:** This session orients participants to the work that ACCKWA does in the Region of Waterloo, providing an overview of current Support and Prevention Programs. Other topics may include ACCKWA's approach to support, sexual health, and harm reduction services; clinical services related to HIV support and prevention, referral pathways for ACCKWA programs and services.

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**HIV 101:** This workshop covers the basics of HIV and pays special attention to the impact of stigma on prevention and support efforts. We discuss strategies for building broader awareness, supporting disclosure, and best practices for working with people who are HIV-positive. We also offer workplace-specific training for employers and employees. Speaker's Bureau presentation (HIV-positive speaker) is highly encouraged.

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**Pride Speak:** The Pride Speak covers basic information about 2SLGBTQ+ identity including terminology, the difference between gender and sexuality, and issues facing 2SLGBTQ+ youth, and capacity building for creating safer personal and professional spaces for 2SLGBTQ+ young people.

This session content is tailored to the audience and how 2SLGBTQ+ inclusion practice pertains to their particular context. We have experience delivering the Pride Speak to parents and guardians, educators, youth-program staff, residence staff, and healthcare providers.

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**Sex & Tech:** With sexting and online dating becoming more common, this workshop offers a balanced perspective on the risks and rewards of using technology in sexual contexts. We discuss the realities of sexting and online dating, and how to support youth with making informed decisions when using technology in their relationships. The session will provide participants with risk reduction tips and tools, and offer strategies for engaging youth in conversation around safer sex & tech practices.

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To book a workshop or for more information, contact Erin McLaren  
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