

Capacity-Building Workshops for Parents, Educators, & Service Providers

We offer capacity-building workshops on a variety of topics for people who care for and/or work with youth in order to build knowledge and skills to effect change on personal and community levels. Our workshops are sex-positive, LGBTQ2S-positive, non-judgmental, interactive, and free!

HIV 101: This workshop covers the basics of HIV and pays special attention to the impact of stigma on prevention and support efforts. We discuss strategies for building broader awareness, supporting disclosure, and best practices for working with people who are HIV-positive. We also offer workplace-specific training for employers and employees.

Speaker's Bureau presentation (HIV-positive speaker) is highly encouraged.

Pride Speak: In addition to exploring terminology, the difference between gender and sexuality, and issues facing LGBTQ2S+ youth, we offer several tailored trainings:

- For parents – supporting LGBTQ2S+ children and youth in the family, schools, and community, advocating on behalf of LGBTQ2S+ children and youth.
 - For educators – engaging and supporting LGBTQ2S+ youth, supporting GSAs, creating LGBTQ2S+ -inclusive lessons, classrooms, and schools, and navigating issues with peers and parents.
 - For service providers (youth group leaders, community centres, RAs, health care providers) – creating LGBTQ2S+ inclusive spaces and programming, building allies, and advocating for the needs of LGBTQ2S+ youth
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Sex & Tech: With sexting and online dating becoming mainstream, this workshop offers a balanced perspective on the risks and rewards of sex and technology. We discuss risk reduction tips and tools, and offer strategies for engaging youth in conversation around safer sex & tech practices.

Making Men: This workshop encourages critical thinking about gender messages that young men encounter, and explores how those messages can be detrimental to sexual health outcomes. This workshop builds capacity to dissect and discuss expectations of masculinity as they relate to sex, and shares strategies to promote a positive and authentic view of sex, sexuality, and sexual health.

Like a Girl: This workshop discusses the pressures and expectations that girls and young women face and the impact of these expectations on their sexual health. Participants will learn how to deconstruct messaging around women's sexuality, and how to promote a positive and empowering view of sex, sexuality, and sexual health.

To book a workshop or for more information, contact Erin McLaren
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